

CYA ESTIMATED FOOD BUDGET

This information is based on data from previous CYA students and the cost of food in Greece. This is an estimated budget and is only accounting for money spent on food while participating in the CYA program. It does not include any additional costs like travel expenses and personal spending.

Economical Budget

TYPE OF DAY	# OF DAYS	COST PER DAY IN EURO	TOTAL COSTS IN EURO	TOTAL COSTS IN US \$	ASSUMPTIONS
Week Days	65	€ 18.00	1,170.00 €	\$1,287.00	Coffee & snack on the go, breakfast & dinner at home, occasional takeout. Lunch provided by CYA.
Weekend Days	21	€ 35.00	735.00 €	\$808.50	Breakfast & lunch at home, 2 dinners out/take out per weekend, occasional W/E travel. No meals provided by CYA.
Study Travel	11	€ 35.00	385.00 €	\$423.50	Beverage & snack on the go, lunch at fast food, dinner at restaurant. Breakfast provided at hotel by CYA.
Recess/Break	14	€ 35.00	490.00 €	\$539.00	Breakfast at home/hotel, lunch & dinner at home/out, occasional travel. No meals provided by CYA.
TOTAL	111		2,780.00 €	\$3,058.00	

Moderate Budget

TYPE OF DAY	# OF DAYS	COST PER DAY IN EURO	TOTAL COSTS IN EURO	TOTAL COSTS IN US \$	ASSUMPTIONS
Week Days	65	€ 20.00	1,300.00 €	\$1,430.00	Coffee & snack on the go, breakfast at home, some takeout. Lunch provided by CYA.
Weekend Days	21	€ 45.00	945.00 €	\$1,039.50	Breakfast & lunch at home, 2 dinners out per weekend, frequent W/E travel. No meals provided by CYA.
Study Travel	11	€ 35.00	385.00 €	\$423.50	Beverage & snack on the go, lunch at fast food, dinner at restaurant. Breakfast provided at hotel by CYA.
Recess/Break	14	€ 45.00	630.00 €	\$693.00	Breakfast at hotel, lunch & dinner out/on the go, frequent travel. No meals provided by CYA.
TOTAL	111		3,260.00 €	\$3,586.00	

Flexible Budget

TYPE OF DAY	# OF DAYS	COST PER DAY IN EURO	TOTAL COSTS IN EURO	TOTAL COSTS IN US \$	ASSUMPTIONS
Week Days	65	€ 25.00	1,625.00 €	\$1,787.50	Breakfast, snacks on the go, dinner takeout. Lunch provided by CYA.
Weekend Days	21	€ 50.00	1,050.00 €	\$1,155.00	Breakfast, lunch & dinner out - W/E travel. No meals provided by CYA.
Study Travel	11	€ 35.00	385.00 €	\$423.50	Coffee & snack on the go, lunch at fast food, dinner at restaurant. Breakfast provided at hotel by CYA.
Recess/Break	14	€ 50.00	700.00 €	\$770.00	Breakfast at hotel, lunch & dinner out/on the go, mostly travel. No meals provided by CYA.
TOTAL	111		3,760.00 €	\$4,136.00	