

CYA SEMESTER ESTIMATED FOOD BUDGET

This information is based on data from previous CYA students and the cost of food in Greece. This is an estimated budget and is only accounting for money spent on food while participating in the CYA program. It does not include any additional costs like personal travel expenses and spending. If the student travels on their own outside of Athens, food costs may be higher depending on location.

When in Athens, semester students receive a midday meal, Monday-Friday. While on Field Study, semester students receive breakfast as their daily meal. All other meals (weekday breakfasts and dinners, lunches and dinners on field study days, and all meals on weekends, holidays, and recesses) are not provided.

Economical Budget

TYPE OF DAY	# OF DAYS	COST PER DAY (€)	TOTAL COSTS (€)	TOTAL COSTS (\$)	ASSUMPTIONS
Week Days	61	€20.00	€1,220.00	\$1436.14	Breakfast & dinner at home, coffee & snack on the go, occasional takeout (1x/week). Lunch provided by CYA.
Weekend Days	28	€35.00	€980.00	\$1,153.62	Breakfast & lunch at home, 2 dinners per weekend (1 takeout & 1 dinner at restaurant). No meals provided by CYA.
Field Study Domestic	9	€39.00	€351.00	\$413.18	Beverage & snack on the go, lunch at fast food, dinner at restaurant. Breakfast provided at hotel by CYA.
Field Study Abroad (Prices vary by location)	4	€48.00	€192.00	\$226.01	Beverage & snack on the go, lunch at fast food, dinner at restaurant. Breakfast provided at hotel by CYA.
Recess/Break/Holidays	8	€35.00	€280.00	\$329.60	Breakfast & lunch at home, either dinner takeout or dinner at restaurant. No meals provided by CYA.
TOTAL	110		€3,023.00	\$3,558.55	* Please note that USD amounts are based off of €1.00 = \$1.17716. Click here for the most recent exchange rate.

Moderate Budget

TYPE OF DAY	# OF DAYS	COST PER DAY (€)	TOTAL COSTS (€)	TOTAL COSTS (\$)	ASSUMPTIONS
Week Days	61	€23.00	€1,403.00	\$1,651.56	Breakfast at home, coffee & snack on the go, dinner some at home & some takeout. Lunch provided by CYA.
Weekend Days	28	€43.00	€1,204.00	\$1,417.30	Breakfast & lunch at home, 2 dinners out per weekend (takeout or at restaurant). No meals provided by CYA.
Field Study Domestic	9	€39.00	€351.00	\$413.18	Beverage & snack on the go, lunch at fast food, dinner at restaurant. Breakfast provided at hotel by CYA.
Field Study Abroad (Prices vary by location)	4	€48.00	€192.00	\$226.01	Beverage & snack on the go, lunch at fast food, dinner at restaurant. Breakfast provided at hotel by CYA.
Recess/Break/Holidays	8	€39.00	€312.00	\$367.28	Breakfast at home, lunch takeout, either dinner takeout or dinner at restaurant. No meals provided by CYA.
TOTAL	110		€3,462.00	\$4,075.33	* Please note that USD amounts are based off of €1.00 = \$1.17716. Click here for the most recent exchange rate.

Flexible Budget

TYPE OF DAY	# OF DAYS	COST PER DAY (€)	TOTAL COSTS (€)	TOTAL COSTS (\$)	ASSUMPTIONS
Week Days	61	€28.00	€1,708.00	\$2,010.59	Breakfast to go, coffee & snacks on the go, dinner takeout or at restaurant. Lunch provided by CYA.
Weekend Days	28	€46.00	€1,288.00	\$1,516.18	Breakfast to go, lunch at restaurant, dinner at restaurant. No meals provided by CYA.
Field Study Domestic	9	€39.00	€351.00	\$413.18	Beverage & snack on the go, lunch at fast food, dinner at restaurant. Breakfast provided at hotel by CYA.
Field Study Abroad (Prices vary by location)	4	€60.00	€240.00	\$282.52	Beverage & snack on the go, lunch at fast food or restaurant, dinner at restaurant. Breakfast provided at hotel by CYA.
Recess/Break/Holidays	8	€46.00	€368.00	\$433.20	Breakfast to go, lunch at restaurant, dinner at restaurant. No meals provided by CYA.
TOTAL	110		€3,955.00	\$4,655.67	* Please note that USD amounts are based off of €1.00 = \$1.17716 Click here for the most recent exchange rate.